

### Parks & Recreation

#### Welcome to our Spring/Summer 2018 Recreation Brochure

Your Parks & Recreation Department is a public service, nondiscriminatory entity striving to provide leisure needs for our community. We offer a variety of programs for all ages ranging from dance to fitness, dog obedience, adult athletics, special events, senioradult activities, and more!

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#### Parks & Recreation Kids Fishing Rodeo - FREE

Ages: 16 & under

When: Saturday, March 3rd 10:00am - 12:00pm

Where: Plum Lake (1702 Sheppard Access Rd) by the Softball

Complex

Sponsored by Texas Parks and Wildlife

### Parks & Recreation March Movie Madness - FREE

Ages: 16 & under (11 & under must be accompanied by an adult)

When: March 12th – 15th (WFISD Spring Break)

Time: Movie Begins at 2:00pm sharp

Where: The W.F. Recreation Center, 10th & Indiana – Room 205

Monday: Bolt

Tuesday: The Incredibles

Wednesday: All Dogs go to Heaven

**Thursday:** Happy Feet

FREE Popcorn & Drinks Provided

# Parks & Recreation Easter Egg Hunt - FREE

Ages: 3 years - 2nd grade

When: Saturday, March 17th (Rain Out Date – March 24th)

Time: 3:00pm Where: Lucy Park

Sponsored by University Kiwanis Club



#### **Outdoor Concert Series - FREE**

#### **ALL AGES • FREE ADMISSION • PUBLIC WELCOME**

Welcome to the 2018 Parks & Recreation Outdoor Concert Series. Performances occur every other Tuesday during May & June, from 7:00pm - 8:30pm. Bring your lawn chair or blanket, sit back, and enjoy an evening of great music and socializing. Concerts are presented by area musicians and offer a variety of music styles for your enjoyment. There will be something for everyone, whether your music taste runs to Country & Western, Jazz, Rock 'n Roll or Contemporary. Join us each Tuesday and support our local talent and your Parks & Recreation Department.

#### LINE-UP

May 8th – Black River (South Weeks Park)
May 22nd – Ritmo De Hoyos (8th Street – Next to the Farmers Market)
June 5th – Jamie Weger and The High Ground (Bud Daniel Park)
June 19th – AFTER 5 (Bud Daniel Park)

# Parks & Recreation After School Fishing

**Ages:** 5 – 16 (11 & under must be accompanied by an adult) **Fee:** \$3 for first child. \$2 for each additional child in same

household

Come join the fun! Parks & Recreation and TPWD will conduct these after school fishing sessions for all area youth that are interested. All fishing equipment, bait and supervision will be provided. Kids need only to show up and be prepared to have a good time. Participants will receive personalized & expert instruction on common fishing techniques. Fish, of legal size, can be taken home (if parents approve, of course). All should bring a bucket for "take home" fish, a drink, a hat & sunscreen. Sign up at W.F. Recreation Office at 600 11th St, Rm 209 or sign up on-site at South Weeks Pond.

When: Tuesdays & Thursdays, May 8th, 10th, 15th & 17th

Time: 4:30pm - 6:00pm Where: South Weeks Pond

**Instructor:** Texas Parks & Wildlife Staff

The Texas Parks & Wildlife Department has a FREE Fishing Tackle Loaner Program.



# Summer Programs

# Parks & Recreation Summer Camps

Camp Lots-A-Fun

Where: Jefferson Elementary School Gym at 4628 Mistletoe

Camp Summer Fun

Where: Scotland Park Elementary School Gym at 1415 N. 5th St.

Children will enjoy many fun-filled activities while socializing with new friends. Adult counselors will supervise and lead campers in activities such as swimming, crafts, nature activities, games, hikes, on-site demonstrations, offsite field trips and so much more!

**ENROLL EARLY!!!** Sessions fill quickly with a maximum of 50 campers per session.

**Fee:** \$100 per camper, per session

**Deadline:** One weeks prior to each session, or when filled.

Ages: 6 - 12 (Must turn 6 by July 31st)
When: Monday - Friday (two-week sessions)

Time: 7:30am - 5:30pm (Arrive no later than 9:00am)

**Dates:** Session 1: June 4th – June 15th

Session 2: June 18th - June 29th

\*\*Registration for summer camp is at the Parks & Recreation Office, Room 209, W.F. Recreation Center, 600 11th St., 2nd floor (over the Library).

Registration begins Monday, April 30th between 8:00am – 5:00pm

\*Must bring copy of Birth Certificate\*

All campers will receive one T-shirt. *All campers MUST bring a sack lunch. A morning and afternoon snack will be provided.* 

#### PAYMENT PROCEDURE FOR MORE THAN ONE CAMP SESSION -

If desiring to attend more than one session, first session must be paid in full and a nonrefundable \$10 deposit made for each additional session desired. Camps may be mixed, however, transferring from one camp to another after registration will be permitted only if space is available and will incur a \$10 transfer fee. Balance must be paid by the Monday one week prior to start of each session.

#### YOUTH TRACK PROGRAM

**Ages:** 6 – 18 (retaining high school eligibility)

Where: McNeil Jr. High
When: Monday – Thursday
Dates: June 4th –July 6th

\*State participant workouts will continue through July 25th

(days & times to be determined)

Times: 8am - 10am OR 5pm - 7pm

**Cost:** \$30 includes: TAAF membership, registration in the WF

Invitational Track Meet (June 16th), and an outstanding

track instruction by qualified track coaches.

#### PROGRAM REGISTRATION

Thursday, May 31st, 8-10am or 5-7pm Friday, June 1st, 8-10am or 5-7pm

Participants may also register for the program on any practice day at the track, either before or after workouts.

\*\*Important Requirement: Each participant must **submit a COPY** of his/her birth certificate for the coaches to keep on file for TAAF track meet requirements.





Splash Day - FREE

When: Saturday, May 26th Noon - 6:00pm

Where: Lucy Park Swimming Pool

Cost: FREE!!!! FREE!!!!

Great time to buy cards for the summer swimming season!

# **Swimming Pool Schedule**

Open to the public 7 days a week (weather permitting), Lucy Pool is located in picturesque Lucy Park. The park is accessed easily off Seymour Highway by turning north onto Sunset Drive. Lucy Park is also on the Wichita Falls Public Transit route, which makes it convenient for all citizens, regardless of age.

**When:** 7 days a week

**Dates:** May 27th – Aug 12th **Time:** 12:00 Noon - 6:00pm

#### **General Admission:**

Age 17 years & under...... \$2.00 Age 18 years & up ...... \$3.00

#### Special Rules:

Children under 6 must be accompanied by an adult in the pool. Suitable swimming attire only. No cut-offs or make-shift swimwear. No flotation devices except USCG-approved life vests. No food or drinks brought in. Note: Dressing facility available, but no lockers or storage. No wading pool available. Not responsible for lost or stolen items. Concessions available.

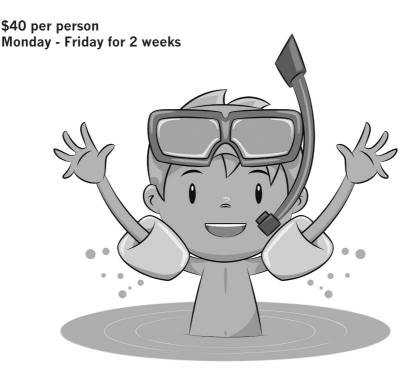
#### **Swimming Pool Rental**

Celebrate your birthday or any party with us at Lucy Pool. The pool is available for rental on Saturdays, Sundays, and selected Fridays by individuals or groups. The Parks & Recreation Department provides a pool supervisor & lifeguards for your safety and convenience. Rental times include decorating & clean-up. Food or grills may be brought in, as there will be no concession available. No glass containers or alcoholic beverages permitted. Pool rentals must be made in person at the Parks & Recreation office, W.F. Recreation Center, 10th & Indiana, Room 209. For availability please contact the recreation office at 940-761-7490.

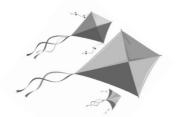
**FEES:** \$200 per two hours (6:30pm – 8:30pm) \*Pool rentals must be done in person\*

#### Swim Lessons

The Parks & Recreation Department will conduct several sessions of basic swimming classes for ages 6 months through adult at Lucy pool. Registration for all classes will be in the Parks & Recreation office, Room 209, W.F. Recreation Center, 10th & Indiana. Registration is required at least three days prior to starting date. All swim lessons must be preregistered in the Recreation office before you go to class. Beginning Monday, April 30th contact the recreation office at 940-761-7490 for dates and times.



Follow us on Facebook @ WichitaFallsParksandRecreation





The **50+ Zone** is an active adult center operated and programmed by the W.F. Parks & Recreation Department for the use and enjoyment of people 50 & over. The Zone is located on the 2nd floor of the W. F. Recreation Center on the corner of 10th & Indiana. **Being able to join the Zone is the best thing about being 50 years old or better!** At only **\$30 a year**, a Zone membership offers so many opportunities for **activity** and **FUN!!** First time visitors are welcome to tour and use the facility, one time at no charge. If you are interested in finding out what programs are offered, please call our office, and we will mail you a newsletter full of information. The newsletter is also available online at **www.wichitafallstx.gov** 

#### Hours of operation:

Monday - Friday 7:30am - 7:30pm (except designated

holidays)

Address: 600 11th Street, Wichita falls, TX 76301, Rm 217

**Phone:** (940)761-8887

#### Some activities at the Zone:

Workout Rooms, Pool Tables, Movies on the Big Screen, BINGO, Karaoke, Dancing, Fitness Classes, Cards & Dominos, Texas Hold'em, Painting, Stained Glass, Computer Classes, Monthly Special Events, Poker & Bridge, Table Tennis, and Lots more.

#### Now on Facebook -50PlusZoneofWF- "Like" us today!!

**Weekly Live Band Dances – Fridays:** The 50 + Zone has a variety of Bands performing LIVE every Friday starting at 7pm. Come and dance to some of the BEST Country and Western Swing Dance Bands in the area. These dances are held in our ballroom in a smoke and alcohol free environment and are recommended for ages 50 and over, but no younger than 35. Free refreshments are available. The public is invited. For Weekly Band: Call 940-761-8887

**Time:** 7:00pm - 10:00pm

Admission: \$6 for non-members & \$5 for Zone members with

membership card

#### Come in for a free tour anytime:

Monday – Friday from 7:30am - 7:30pm at 600 11th Street 2nd Floor or call us at 940-761-8887.

# Classes - Youth

#### **Taekwondo**

**Instructors:** Donovan Ferguson and Jessica Joplin

Class Fee: \$30 per month

**Ages:** 5 - 11

**When:** Tuesdays; 7:00 p.m. - 8:00 p.m.

Saturdays; 10:00 a.m. - 11:00 a.m.

Where: Jefferson Elementary School Gym, 4628 Mistletoe

Donovan and Jessica are Master Instructors (4th Dan Black Belts) with the World Taekwondo Federation. They have both taught with Parks & Recreation Taekwondo Program for over 8 years.

Wichita Falls Wrestling Academy

**Instructors:** Tom Lang, Mitch Fields, Mike Bell, Brock Bormann,

& Aaron Drain

Class Fee: \$40 per session

**Ages:** 4 - 15

When: Tuesdays & Thursdays Time: 6:00 p.m. – 7:00 p.m.

Advanced Student Training at 7:00 p.m. – 8:00 p.m.

Where: Jefferson Elementary School Gym, 4628 Mistletoe

Wrestling is a sport that challenges youth both mentally and physically. Mentally, youth learn an overview of the sport, how to score points and strategy. Physically, youth learn proper starting positions, basic and defending takedowns, escapes, reversals, and pinning combinations. Wrestling is a fun and safe sport that matches youth of similar size and age to ensure fair and competitive contests. Yes, girls are allowed to participate as well. Wrestling also teaches good sportsmanship and can transfer to other sports including football, MMA, grappling, and track and field. Come and join us! For more information, follow "Wichita Falls Wrestling Academy" on Facebook.

Session 3: Tuesdays & Thursdays; January 16th - March 1st



#### **Youth Dance**

Instructor: Mary WetherbeeClass Fee: \$30 per monthWhen: Tuesdays

Where: The W.F. Recreation Center, 10th & Indiana – Room 213

#### **Beginning Dance**

In this class your child will master basic ballet skills as well as jazz skills and begin a lifelong love for dance.

**Ages:** 6 – 12

**Time:** 6:30 p.m. – 7:15 p.m.

#### **Youth Contemporary Ballet**

Your youth will love dancing to fun music while learning the basic skills of contemporary ballet.

**Ages:** 12 & up

**Time:** 5:30 p.m. – 6:15 p.m.



**Twirling** 

Instructor: Donette Odom, USTA certified

Class Fee: \$35 per month When: Thursdays

Where: The W.F. Recreation Center, 10th & Indiana – Room 213

Twirling is a unique sport and art that requires beauty and style. In order to perform at the highest level, baton twirlers must demonstrate strength, flexibility, physical fitness and harmony in coordination with twirling their baton. All twirlers learn proper performance makeup and projection, grace and poise. Each level increases in difficulty, mastering skills, building on prior level.

Beginning - Learn basic baton handling and fundamentals to build hand-eye coordination and wrist flexibility. Basic dance techniques are introduced, including: jazz, ballet, hip-hop, country, and modern/contemporary.

Twirlers will learn simple routines with emphasis on proper form and hand placement. All of which are essential to advance in their twirling skills.

**Ages:** 3 & up

**Time:** 5:00 p.m. - 5:30 p.m.

**Intermediate –** Twirlers with at least one year of experience with proficiency of basic dance techniques and fundamentals. Twirlers will build on dance techniques and learn fancy, basic and military strut, marching, leaps, kicks, turns, show and rhythmic twirl, line and feature twirling, twirlers will advance to two baton twirling, basic one and two baton tosses, ribbon streamers, hoops, and glow batons.

**Ages:** 5 & up

**Time:** 5:30 p.m. - 6:00 p.m.

**Advanced -** twirlers with 2-baton knowledge - Twirlers will learn advanced trick tosses, exchanges, and higher-level choreographed routines as well as advance to 3 baton and more. Twirlers will learn advanced choreographed routines utilizing various dance techniques.

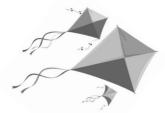
**Ages:** 5 & up

**Time:** 6:00 p.m. - 6:30 p.m.

All Classes are flexible to accept students at a time that fits your schedule. Twirling is recreational and competitive. Recitals, parades, solo and ensemble competitions, talent shows and other performances are optional. Baton purchase is required after the first month's class. Specific batons are a must for optimal performance.

Twirlers may utilize their skills to become a member of a Junior High and High School twirling squad for a school district as well as receive scholarships to twirl at college. Competitive Twirlers may compete in local 4H and UIL, State, Regional, and National competitions as soloist or in an ensemble.

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**Drawing & Watercolor** 

Instructor: Cindy Lavy
Class Fee: \$35 per month

Ages: 10 & up When: Thursdays

**Time:** 4:30 p.m. – 5:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215

Sign up today and learn the basics of drawing and watercolor. Students will need to bring a sketchbook, color pencils, an eraser, and a clipboard (preferably plastic) and of course, bring your imagination! The class is taught by a Texas certified art teacher that is trained to teach from elementary to college level.

#### Mix Media Art

Instructor: Erin Lusk

Class Fee: \$35 per month (Jan, Feb & March only)

**Ages:** 6 – 12

When: Tuesdays: 5:30 p.m. – 6:30 p.m. or Wednesdays:

4:30 p.m. – 5:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 215

Kids will explore fun and hands on processes for making beautiful art such as: printmaking, watercolor, tie-dye, weaving, acrylic painting, drawing, and sculpture. Each month students will make two mixed media projects, and each month this class will offer something new and different to discover! Includes art supplies.

#### Chess

Instructor: Katrina Muller Class Fee: \$30 per month

Ages: 6 - 12 When: Tuesdays

**Time:** 4:30 p.m. – 5:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 204

Beginner and intermediate chess instruction to include: setting up the board, piece movement, recording moves, basic opening, middle game and end game theory. This class will focus on individual instruction and tournament preparation.

# Classes - Adult

#### Taekwondo

**Instructors:** Donovan Ferguson and Jessica Joplin

Class Fee: \$30 per month

**Ages:** 11 & up

**When:** Tuesdays; 8:00 p.m. - 9:00 p.m.

& Saturdays; 11:00 a.m. - 12:00 p.m.

Where: Jefferson Elementary School Gym, 4628 Mistletoe

Taekwondo is the most popular martial are around the world. Students of all backgrounds practice for exercise, hobby, sport, discipline, and self-defense. This is a low impact of soft training program.

**Yoga** 

Instructor: Vicki Brooks
Class Fee: \$35 per month

Ages: 16 & up When: Mondays

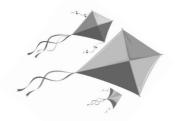
**Time:** 6:00 p.m. - 7:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 208A

Vicki Brooks has been teaching yoga since 2009. She loves to share her knowledge of how yoga can add so much to our lives. In our hectic days, learning how to reduce stress in our bodies and our minds. To feel how yoga can strengthen the body and help with healing injuries.

This class is geared toward those who have never practiced before, or people who have been off their mats for a while. You will build strength in your core, work on increasing flexibility, challenging yourself with balance, and letting go of some of the stress in your life.





### **Aerobics**

Instructor: Mary Hosch
Class Fees: \$25 per month

**Ages:** 16 & up

When: Mondays & Thursdays

Where: The W.F. Recreation Center, 10th & Indiana - Room 201

Mary has trained in Parks & Recreation fitness programs for over 25 years, was an assistant instructor for over 10 years, and has now been a head instructor for over 14 years. Mary has been a licensed massage therapist for 12 years and is CPR and NETA certified.

Beginner Aerobics - This is a light to moderate cardio workout.

**Time:** 6:40 p.m. - 7:40 p.m.

Advanced Aerobics - Moderate to advanced level workout designed

for higher cardio.

**Time:** 5:30 p.m. - 6:30 p.m.

#### Pilates - Total Body

Instructor: Stella Yarbrough
Class Fees: \$25 per month

Ages: 16 & up When: Saturdays

**Time:** 10:30 a.m. – 11:30 a.m.

Where: The W.F. Recreation Center, 10th & Indiana - Room 201

Stella is certified in fitness and CPR. She comes to recreation with over 25 years of experience in step, cardio, kickboxing, water aerobics, floor aerobics, Pilates, muscle conditioning and weight training. Stella is currently a fitness instructor for the 50 Plus Zone and formerly instructed classes for Supreme Fitness, Gold's Gym, and the YMCA.

Total Body Pilates is a total body workout without any resistance, using your upper body and lower body with cardio. Instruction for this class is done to upbeat music and will focus on muscle conditioning and toning with concentration on form and safety tips.

#### Adult Ballet

Instructors: Juanita Pavlick, Myrna DeAsis, and Gail White

Class Fee: \$30 per month

**Ages:** 16 & up

**When:** Wednesdays; 7:00 p.m. - 8:30 p.m.

& Saturdays; 10:00 a.m. - 12:00 p.m.

Where: W.F. Recreation Center, 10th & Indiana - Room 213

Adult Ballet is for anyone who loves to dance. This class will focus on classical ballet training and beginners are welcome. Students will have opportunities to perform their skills at various community events if they choose. Please contact instructor before first class so class will meet your skill level.

Couples Dance Lessons; West Coast Swing

Instructors: Patsy Stafford and Buck Stafford

Class Fee: \$40 per single per month

\$60 per couple per month

Ages: 12 & up Thursdays

**Time:** 6:00 p.m. – 7:00 p.m. practice at 7:00 p.m. – 8:30 p.m. Where: W.F. Recreation Center, 10th & Indiana - Room 216

West Coast Swing is one of the most popular forms of swing to date. Instruction for this class will include beginner and intermediate levels. The beginner class will focus on all the basics and patterns needed to enjoy social couples dancing to pop, blues, country, and many other genres of music. Intermediate lessons will continue learning moves, patterns, adding technique, styling, and musicality preparation for competition. **No partner required.** 

# **Country-Western Dance**

Instructor: Carolyn High Class Fee: \$35 per session

Ages: 12 & up When: Tuesdays

**Time:** 7:00 p.m. – 8:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 201

January & February - Two Step & Waltz March & April - Shuffle & East Coast Swing June & July - Two Step & Waltz

During the 4 lessons conducted in the month of instruction you will learn frame, basic steps, turns, rotations and other basic to intermediate level moves as time allows. **No partner required.** 

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Online Registration: www.wichitafallstx.gov/25/Parks-and-Recreation or Call 940-761-7490



**Drawing & Watercolor** 

Instructor: Cindy Lavy
Class Fee: \$35 per month

Ages: 10 & up When: Thursdays

**Time:** 4:30 p.m. – 5:30 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215

Sign up today and learn the basics of drawing and watercolor. Students will need to bring a sketchbook, color pencils, an eraser, and a clipboard (preferably plastic) and of course, bring your imagination! The class is taught by a Texas certified art teacher that is trained to teach from elementary to college level.

### **Acrylic Painting**

Instructor: Chris Mayfield Class Fee: \$35 per month

Ages: 12 & up When: Wednesdays

**Time:** 6:00 p.m. – 7:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215

Chris Mayfield has a BFA from Midwestern State University and is currently an art instructor for Wichita Falls High School. His class includes all levels of instruction and will focus on acyclic painting and drawing skill development.

#### **Knitting**

Instructor: Traci Roberts
Class Fee: \$40 per month

Ages: 10 & up Tuesdays

**Time:** 7:00 p.m. – 8:00 p.m.

Where: The W.F. Recreation Center, 10th & Indiana – Room 215

This class will focus on learning the basics of knitting to get you started on a wide variety of projects. Basics to include: cast on, knit stitch, purl stitch and bind-off. Students will need to bring 1 set of knitting needles (size 9) and one skein of cotton yarn.



The Obedience Training Club of Wichita Falls offers a variety of classes through the City of Wichita Falls Parks and Recreation Department. **Orientation is for all Obedience Related Classes**. Only one orientation is offered per session. Day time and night time classes will meet for orientation on the first Monday of the session at 6:30pm. **Please do not bring your dogs to orientation**. This allows students to meet with the instructors, turn in paper work, and ask any questions you may have.

All Classes held at 974 Spring Lake Rd.

- · Orientation for Session 1: January 8th at 6:30pm
- Orientation for Session 2: March 19th at 6:30pm
- · Orientation for Session 3: June 4th at 6:30pm

There will be no class on holidays.

Dog Obedience Class Requirements for all the classes:

- All handlers must be at least sixteen (16) years of age.
- Puppies must be between 3-6 months of age.
- · Dogs must be over 6 months of age.
- The handler must furnish current immunization records for all Puppies and Dogs attending any class. Immunization records must bear the signature and licensing information of the veterinarian who administered the immunizations. Note: Puppies under 4 months of age are not required to have a Rabies immunization.
- Handlers and dogs residing in the city limits of Wichita Falls must have a current city tag for the dog. Puppies under 4 months of age are not required to have a city tag. City tags may be obtained from the Animal Control Department located 1207 Hatton Road, Wichita Falls TX
- Dog Obedience and Puppy Training Classes can accept domestic canines only. NO Wolf Hybrids or Wolf Crossbreeds.

#### **BEGINNER DOG OBEDIENCE CLASS**

**DOGS:** 6 months & up

**FEE:** \$75 per dog per session

**CLASS TIMES:** Monday: 6:00pm – 7:00pm OR 7:00pm– 8:00pm **Skills:** Handler will learn a variety of training skills to help

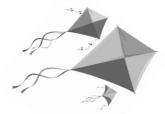
build a better relationship with their dog. Skills include: walking on a loose leash, teaching the dog to sit, down,

and stay when asked. The handler will be shown humane ways to redirect unwanted behavior in their

dogs.

Session 1: January 8th – February 26th

Session 2: March 19th – May 7th Session 3: June 4th – July 23rd



### Canine Good Citizen Class

Requirements: Dogs must have successfully completed a Beginner

Dog Obedience Class

**Dogs** 6 months & Up

**Fee:** \$75 per dog per session

Time: Wednesdays: 6:00pm – 7:00pm

Bring dogs to first class and also bring a variety of soft small treats such as cheese, hot dogs, etc. The Canine Good Citizen Program is a two-part program that stresses responsible pet ownership for owners and basic good manners for dogs. All dogs who pass the 10-step CGC test will receive a copy of the test which may be submitted to the American Kennel Club, with appropriate fees, for an official CGC certificate.

	Test 1	Accepting a friendly stranger	Test 6	Sit and down on command
	Test 2	Sitting politely for petting	Test 7	Come when called
ſ	Test 3	Appearance and grooming	Test 8	Reaction to another dog
	Test 4	Walking on a loose lead	Test 9	Reaction to distraction
	Test 5	Walking through a crowd	Test 10	Supervised separation

Session 1: January 8th – February 26th

Session 2: March 19th – May 7th Session 3: June 4th – July 23rd

#### Beginner Dog Obedience Class For Seniors

Ages: Handlers 50 years & up

(Those unable to attend evening classes are welcome)

**Dogs:** 6 months & up

**Fee:** \$65 per dog per session

Time: Wednesdays: 9:00am – 10:00am

Handler will learn a variety of training skills to help build a better relationship with their dog. Skills include: walking on a loose leash, teaching the dog to sit, down, and stay when asked. Handlers will be taught how to direct their dog to wait at doors and gates until called and to teach their dogs to ignore food or objects on the floor when told.

Session 1: January 8th – February 26th

Session 2: March 19th – May 7th Session 3: June 4th – July 23rd

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Online Registration: www.wichitafallstx.gov/25/Parks-and-Recreation or Call 940-761-7490

### **Puppy Kindergarten**

**Dogs:** 3 – 5 Months

**Fee:** \$75 per dog per session **Time:** Mondays: 6:00pm – 7:00pm

This class consists of eight weeks of basic kindergarten training for your puppy. This training uses only rewards and positive reinforcements for shaping the appropriate and desired behaviors from the puppy. Each week the instructor of the class will provide up-to-date information on a wide variety of health and behavioral issues.

Session 1: January 8th – February 26th Session 2: March 19th – May 7th Session 3: June 4th – July 23rd

# Rally Obedience

**Requirements:** Dogs must have successfully completed a Beginner

Dog Obedience Class

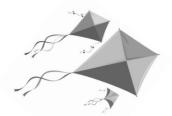
**Fee:** \$75 per dog per session

Time: Wednesdays: 7:00pm - 8:00pm

Unlike regular obedience, instead of waiting for the instructor's commands, the handler and dog proceed around a course of designated stations with the dog in heel position. The course consists of 10 to 20 signs that instruct the team what exercise to perform. Rally Obedience attendees can train for performance events which are sanctioned trials conducted by: American Kennel Club (AKC), United Kennel Club (UKC), and other dog groups. There are three levels of competition Rally Obedience: Novice, Advanced, and Excellent.

Session 1: January 8th – February 26th Session 2: March 19th – May 7th Session 3: June 4th – July 23rd





Therapy Dog Preparation (Advanced Class)

Requirements: Dogs must have completed both a Beginner Dog

Obedience Class and a Canine Good Citizen Class. In addition, the dog must have successfully passed the AKC Canine Good Citizen Evaluation prior to admission.

**Fee:** \$75 per dog per session **Time:** Tuesdays: 7:00pm - 8:00pm

Therapy dog preparation is offered for those interested in determining if their dog is a good candidate for becoming a registered therapy dog. Registered therapy dogs visit schools, nursing homes, and other care facilities to bring happiness to others.

Subjects will cover the reaction of the dogs to specialized equipment, the paperwork and testing required for registration, evaluating the dog's reactions to various stimuli, controllability, and manners to determine their suitability for safe visiting. The dogs will also be observed for their willingness to interact with other people and other dogs.

Attendees will be invited to visit with registered teams (without their dog) to observe protocols of visits. The instructors will inform the attendees about the different registries that offer registration to dog and handler teams. Information on how to have your dog officially evaluated is also provided.

Session 2: March 19th – May 7th

(Therapy Prep Course is only offered twice a year)

Obedience Training Club of Wichita Falls
President: David Hodges
Website: www.otcwf.org

Contact information: Connie Haschke @ 940-851-0694 / chdardar@

aol.com \*If email, please reference "dog training" as the

subject. \*

Plan ahead for the following 2018 Dog Obedience sessions:

Session 4: August 6th - October 1st

**Session 5:** October 22nd - December 10th

Follow us on Facebook @ WichitaFallsParksandRecreation

Online Registration: www.wichitafallstx.gov/25/Parks-and-Recreation or Call 940-761-7490



# Amateur Athletics

\*\*Coaches Meeting for all Amateur Athletics is Tuesday, January 9th

**Time:** 6:00pm

**Location:** W.F. Recreation Center, 10th & Indiana – Room 205

Players can register and submit their teams online at:

wichitafallsathletics.com

\*Coaches must register their team and roster online. Roster must also be printed off and turned in online with entry fees paid to the front office. Each player must submit a copy of their birth certificate for age verification for all youth teams. For more information call Travis 940-761-7497 or stop by the front office (600 11th Street, Room 209, Wichita Falls, TX 76301)

#### **Adult Kickball**

Come Kick up your heels!!

Entry Fee: \$325 per team

**Entry Deadline:** Saturday, February 17th Week of March 6th

Adult Volleyball

Entry fee: \$200 per team

**Entry Deadline:** Saturday, February 17th Week of March 6th

**Adult Spring Softball** 

Entry Fee: \$375 per team

Entry Deadline: Tuesday, February 13th

(Please note: Early Registration Fee is \$350 if paid before deadline)

Season Begins: Week of March 6th

**Adult Summer Softball** 

**Entry Fee:** \$325 per team Tuesday, May 15th

(Please note: Early Registration Fee is \$300 if paid before deadline)

Season Begins: Week of June 5th

**Indoor Soccer** 

Ages: U8-U14 boys/girls teams (Non Co-ed), Adults (Co-ed), Men

**Entry Fee:** \$50 per player

Entry deadline: TBD

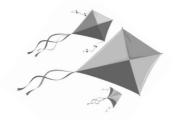
Pickle Ball

**Entry Fee:** \$2 per person Wednesdays from 6pm – 9pm

Located at Jefferson Elementary Gym, 4628 Mistletoe Dr.

League play announced at a later date

Sports information such as scores, schedules and rainouts, go to: www.wichitafallsathletics.com



# City of Wichita Falls Skate Park

Located on Maurine Street between I-44 and Sheppard Access Road. Open 7 days a week from 8:00 a.m. to Midnight. There are lights, water and restroom facilities available.

The state of the art park includes street fixtures such as stairs, rails, boxes and ledges as well as a variety of transitions and bowls ranging from 6 feet to 10 feet deep.

\*\*\*Vandalism, graffiti, tagging, etc. will close this facility until repairs are made.

Disc Golf

**Ages:** All Ages **Fee:** FREE!!

When: Seven Days a Week, Year Round

Time: All day and evening until Midnight curfew

Where: Lucy Park and Lake Wichita Park

Fun for all ages! The game is similar to golf except a disc resembling a Frisbee is thrown at a pole hole (a chain basket mounted to a pole). First come, first served. Users must furnish own discs.

The 18-hole Disc Golf Course at Lucy Park begins along Sunset Dr. adjacent to the Log Cabin.

The 18-hole course located in Lake Wichita Park (near the south end of Fairway Blvd.) begins south of the small shelter near the playground.



# Athletic Complex Reservations

**Practice Field Reservation Policy** 

The Parks & Recreation Department permits scheduled softball practice by organized softball teams registered in or desiring to register in Parks & Recreation Softball leagues. The following ball fields are available for practices for teams when fields are not scheduled for league play, tournaments, maintenance or at rest for turf recovery. These ball fields are designated "softball use only" facilities unless otherwise approved by the Director of Parks & Recreation.

#### Softball Complex 1, 2, 3 & 4 and Scotland Park

The following ball fields are available for practices by any team for softball or baseball when fields are not scheduled for maintenance or special license use. Teams using these facilities must abide by all reservation & fee policies.

Bridwell Park
Williams Park
Lock Lomond Park
Spudder Park
Jalonick Park
Lake Wichita Park 3 & 4

The following facilities are available for practices by any team for soccer/football when not scheduled for extensive maintenance or special license use. Teams using these facilities must abide by all reservation & fee policies.

Lake Wichita Park 4 & 6





# Practice Field Reservation Policy (cont.)

- A. Reservations for facilities must be made in person at the Recreation Office, room 209 of the Wichita Falls Recreation Center at 10th and Indiana. Office hours are 8:00am to 5:00pm, Monday through Friday. Softball/baseball practices are scheduled from the second full week of February through the last full week of November. Soccer/football practices are scheduled year round.
- B. Teams will not be allowed to make more than two (2) reservations per week: one (1) during the week and one (1) on the weekend.
- C. Reservations for any day of the week may be made Monday through Friday. Reservations for a Monday practice may be made on the previous Friday.
- D. Practices are limited to 1  $\frac{1}{2}$  hours. Practice times are as follows: Weekdays 5:30 7:00pm, 7:00 8:30pm, 8:30 -10:00pm Weekends 1:00 2:30pm, 2:30 4:00pm, 4:00 5:30pm, 5:30 7:00pm, 7:00 8:30pm, 8:30 -10:00pm
- E. A fee of \$20.00 will be charged for the use of facility lights at the time the reservation is made. 5:30, 7:00 and 8:30 practices in January, February, March, November and December will be charged for lights. 7:00 and 8:30 practices in April and October will be charged for lights. 8:30 practices May through September will be charged for lights.
- F. Practices unable to be held due to inclement weather or light failure will be rescheduled, providing your receipt and reservation slip are brought into the office within three business days from the time of canceled practice. (Practices will not be rescheduled by phone).

# Trail Information

#### Wichita River Trails

This trail system has 4.37 miles of connected trails stretching along the Wichita River from Lucy Park to Williams Park. It is also connected to 1.55 miles of the Holliday Creek Trails. Starting in Lucy Park, you can travel all the way to East Scott Street and back, 12.8 miles round-trip. Along the way you'll find some of the most beautiful scenery in the city. Peaceful and serene wooded areas abound and are alive with color in both spring and fall. Wildlife such as white-tailed deer, squirrels, and all kinds of birds can often be seen. It's worth the walk just to smell the honeysuckle.

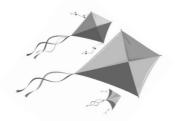
<b>Trail Section Name:</b>	Trail Beginning/End Points:	Distance (miles)
Lucy Park Circle	Within park itself	1.71
Falls Trail	Lucy Park to the Falls	0.43
2nd & Lamar Trail	Falls to 2nd & Lamar	0.50
O'Reilly Trail	2nd & Lamar to O'Reilly Park	0.44
O'Reilly-Williams Walk	O'Reilly Park to Williams Park	1.22
Williams Walk	North end to south end of park	0.57

# **Holliday Creek Trails**

This trail system stretches from Lake Wichita to Williams Park. Trail goers can travel from Lake Wichita Park all the way to Williams Park (20.02 miles' round trip). Along this trail are great views of Lake Wichita wildlife and easy access to any number of neighborhoods along the way.

Both the Wichita River and Holliday Creek Trail system are part of the 25-mile Circle Trail Plan that can be seen on our web site at: www. wichitafallstx.gov.

Trail Section Name: Lake Wichita Trail South Weeks Trail Weeks Trail	Trail Beginning/End Points Lake Wichita Park to Spillway Spillway to Southwest Parkway Southwest Parkway to Midwestern Parkway	<b>Distance (miles)</b> 2.64 0.85 1.33
North Weeks Trail	Midwestern Parkway to Hamilton Park	0.74
Jacksboro Hwy Trail Scott St. Walk MLK Blvd. Walk Harding St. Walk	Hamilton Park to Scott St. Scott St. to MLK Jr. Blvd MLK Jr. Blvd to Harding St. Harding St. to Williams Park	2.90 0.74 0.48 0.33



# **Trail Etiquette**

To permit the highest enjoyment and safety for all please observe the following etiquette and ordinances.

- Etiquette suggests using the right side of the trail with higher speed trail users passing slower trail users at an appropriate speed on the left side of the trail by giving sufficiently advanced notice audible to the slower trail user, such as, "Passing on the left".
- Trail users riding bicycles, skateboards, roller skates, and roller blades shall yield the right-of way to pedestrians (Ord. 82-69).
- Dogs shall be controlled by a leash at all times and when passing other trail users dogs shall be controlled so as not to be able to reach or disturb fellow trail users (Ord. 14-236). Dogs shall be licensed (Ord. 14-66). Dog excreta shall be immediately removed (Ord. 14-8). Dogs shall not be permitted to make an unreasonable disturbance to trail users by barking (Ord. 14-7).
- Motorized vehicles and horses are not allowed on trails with the exception of authorized City vehicles and motorized wheelchairs (Ord. 82-63).
- Posting signs and marking trail pavement is prohibited (Ord. 82-63).
- Wildlife along trails shall not be tormented (Ord. 14-382).
- Flowers, shrubs, and trees along trails within parks shall not be disturbed (Ord. 82-59).
- Alcoholic beverages are prohibited on trails within parks (Ord. 82-68)
- Trails within parks are closed from midnight to 5:00 a.m. (Ord. 82-67).
- Please report any observed violations immediately to the Police Department at 761-7792.

# Public Tennis Center

The City of Wichita Falls operates The Hamilton Park Tennis Center. The center has a fully equipped pro shop and offers a variety of enriching programs for all ages and skill levels year round.

#### **Hamilton Park Tennis Center**

3101 Hamilton Blvd. Johnny Simmons, Head Pro (940) 766-2321

#### WEATHER PERMITTING

THE HOURS OF OPERATION SEPTEMBER-MAY ARE:

9:00 a.m. - 9:00 p.m. Monday through Friday

9:00 a.m. - 7:00 p.m. Saturday

1:00 p.m. - 7:00 p.m. Sunday

#### HOURS OF OPERATION JUNE - AUGUST ARE:

8:00 a.m. - 9:00 p.m. Monday through Friday

8:00 a.m. - 8:00 p.m. Saturday

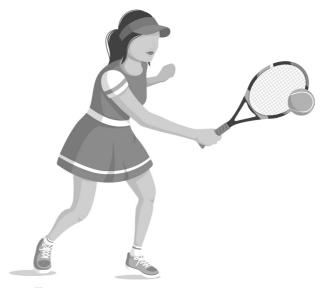
1:00 p.m. - 8:00 p.m. Sunday

NOTE: Operating Hours will be adjusted to accommodate tournaments. The CENTER WILL BE CLOSED ON Independence Day, Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day and Easter.

Court fees for 1 1/2 hours of play per person are: \$3

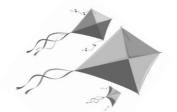
Annual Permit Fee \$100 and is valid for one year from the date of

purchase.



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Online Registration: www.wichitafallstx.gov/25/Parks-and-Recreation or Call 940-761-7490



# Lucy Park Log Cabin

The 1,000 square foot Lucy Park Cabin may be rented by coming into the Parks & Recreation office, room 209, W.F. Recreation Center, 10th & Indiana, Monday - Friday, 8am. – 5 p.m. You must be a resident of Wichita Falls in order to rent the Log Cabin and bring proof of residence other than your driver's license (such as a utility bill). Renters must be at least 18 years of age. The cost of renting the cabin is \$60 for four hours and \$70 for the five-hour slot. There is also a \$115 clean up and key deposit that is refundable 7 to 10 days after inspection and key return. There is no stove or refrigerator in the cabin.

Rental time slots are: 6:00 a.m. - 10:00 a.m. \$60 rental

10:00 a.m. - 2:00 p.m. \$60 rental 2:00 p.m. - 6:00 p.m. \$60 rental 6:00 p.m. - 11:00 p.m. \$70 rental

# Park Picnic Shelters

The Parks & Recreation Department has picnic shelters with tables available for use by the public in many city parks. The City of Wichita Falls provides inquiry online. Facilities are reserved in 4 hour blocks at \$15.00 per block up to 3 blocks. Facility reservations are subject to department approval. Reservations can be made in person at W.F. Recreation Center, 10th & Indiana, room 209 or by phone with a credit card at 940-761-7490.

**Hours of Operation:** Monday - Friday, 8:00 a.m. - 5:00 p.m.

(except on observed holidays).

#### Check availability at:

www.wichitafallstx.gov/77/Reservable-Shelters

#### Alcohol permitted at Lucy Park #1 and Weeks Park ONLY!

Bridwell Park Shelter Lake Wichita Park (Lake Shelter) Hamilton Park Shelter Kiwanis Park (Large Shelter) Lucy Park (Shelter #1)

Lucy Park (Shelter #2 - Lucyland)

Scotland Park (Main Shelter) Spudder Park Shelter Weeks Park Shelter Williams Park Shelter (Large

Shelter)

Lamar Park Shelter



# Sign Up & Register for Classes Online!

Go to www.wichitafallstx.gov and look under Parks & Recreation for activity sign-ups and pavilion reservations!

#### **Charge It By Phone**

Phone-in registrations can be accepted only if registration fees are being charged on Master Card or Visa. Phone-in registrations are for continuing students only and are taken Monday-Friday from 8:00am - 5:00pm. New students must sign up online or in person for liability waiver. Credit cards may also be used for athletic fees, special events, etc. When you call, please have the following information:

- 1. Class/Activity Title
- 2. Class Day & Time
- 3. Participant's name, address, home and work phone number.
- 4. Charge Card number and expiration date.
- 5. Name appearing on charge card.

#### Or Just Walk In

Students must register at the Recreation office in room 209, W.F. Recreation Center, 10th & Indiana, Monday - Friday, 8:00am - 5:00pm (except on observed holidays).

#### **Policies and Procedures**

In the case of continuous running classes, the following policy is enforced:

- 1. **Class Fees:** Fees are monthly or per session. No individual class rates available. We no longer charge for a trial class. We now offer a 1-time class observance at no charge.
- 2. Classes are now on a monthly rate, as opposed to an individual class rate. We no longer offer multi-class discounts or early bird discounts.
- 3. **Refunds:** A 75% refund can be made only on requests received three days before class starting date.

No refunds after a class starting date except with a doctor's excuse or under circumstances as deemed valid by the Parks & Recreation Program Coordinator. 100% refunds made only in case of class cancellation. Participants may transfer from one class to another only if instructor is the same for both classes and has approved the request.



# Instructors needed!

We are looking for anyone who may be interested in offering a special interest class, such as the classes you see listed in this brochure, or classes in which you possess an exceptional talent. If you are interested, please contact the Recreation office at 940-761-7490.



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